

## Rehabilitation Assistant

<b>Role</b>	Rehabilitation Assistant
<b>Reporting to</b>	Ward Manager / Team Leader
<b>Department / area</b>	Ops
<b>Band / pay rate</b>	As per contract of employment
<b>Days / shifts</b>	7:45am – 8:15pm (days); 7:45pm – 8:15am (nights)
<b>Hours</b>	50 hours per week, permanent
<b>Location / travel required</b>	Based on site with no travel to other sites

### Role overview

Reporting to the Ward Manager, Deputy Ward Managers, Staff Nurses, and Team leaders, the post holder will assist in the delivery of the highest quality care to patients requiring specialised rehabilitation to maximise their personal progression.

The post holder will enable our patients to perform activities of everyday living which, due to a neurological impairment, they are unable to perform without assistance. This may include: nutrition, mobility, personal hygiene, and support in line with care plans, whilst maintaining the patient's dignity and respect.

### Key responsibilities

- Work proactively with the nursing and therapy teams to implement individualised rehabilitation programmes, following plans of care to meet patient-centred outcomes
- Read the protocols, risk assessments, and care plans as allocated, before commencement of working with patients
- Undertake observations such as: temperature, pulse, blood pressure recording and monitoring, and recording of patient's weight
- To carry out routine urine testing, record results, and report any abnormalities
- Follow the highest standards of care, including personal care: assisting in eye care, fingernail care, removal of dentures, undertaking bathing/washing, and assisting in the management of continence
- To promote continence by ensuring that patient's toilet needs are met, including: the giving and taking away of bedpans and urinals, emptying catheter bags, and bowel and stoma care; patients are to be helped to use the toilet or commode, and the needs of patients with incontinence will be met
- Enable and support patients to care for their own rooms and personal effects
- Encourage and enable patients to enjoy meals and drinks, whilst supporting wishes and preferences; this may include assisting with ordering of meals, monitoring and recording fluid intake, and assisting with feeding

- Assist with communication, ensuring that patients can be understood, and understand others
- Assist with mobility, including hoisting, positioning, and assisting with mobility aids
- Support patients to access the community safely, including with activities and appointments
- Complete patients charts, daily notes, provide verbal and written reports as needed, and participate in regular interdisciplinary team meetings and review meetings; complete and review nursing assessments, care plans, goals, risk assessments, and protocols under the guidance of the Ward Manager, Staff Nurses and Senior Rehabilitation Assistants
- Behave in a manner which upholds Renovo's behaviours and Values
- Have the ability to work in a dynamic and changing environment
- Refer safeguarding concerns to senior members of staff
- Undertake mandatory and other job specific training
- To report incidents, accidents, concerns, near-misses, non-conformities, and complaints in line with Renovo policy.

## Therapy needs

The post holder will assist in the implementation of individualised therapy programmes, which might incorporate educational, vocational, social, and leisure activities.

- Support patients to achieve a purposeful life, contributing to occupational, educational, social, and leisure activities, and assisting in developing programmes to meet those needs
- Gain an understanding of personal, emotional, and social needs of patients, including the behavioural and emotional changes which can be associated with neurological conditions
- Participate in patient's individual care and therapy plans

## Framework and boundaries

- Engage in supervision and appraisal processes, and make a commitment to on-going learning
- To be aware of and adhere to the organisations guidelines relating to infection control; take steps to prevent cross infection by using universal precautions and hand washing, including wearing uniform in accordance with hospital policy

## Values and behaviours

The post holder will need to demonstrate competence in our shared values and behaviours,

## Person specification

Education, training and qualifications	Essential	Desirable
Educated to secondary/high school level	✓	
NVQ Level 3 in Health and Social Care		✓
Care Certificate (HEE)		✓
Experience	Essential	Desirable
At least 1 years' experience in a health or social care setting		✓
Knowledge of evidence-based practice and best practice guidelines		✓
Knowledge of legislation that affects your area of work, including local environmental and hygiene standards		✓
Skills and capabilities	Essential	Desirable
Good written and verbal communication skills	✓	
An ability to follow instructions carefully	✓	
Computer literate, including report writing	✓	
Understanding and ability to work as a member of the wider team, supporting the delivery of excellent service	✓	
Personal qualities	Essential	Desirable
Responsible, reliable, and flexible in approach to work	✓	
Organised and able to prioritise own workload	✓	
Positive attitude to self-development and supporting others in doing so	✓	
Excellent observation skills	✓	
An ability to remain calm during emergencies	✓	
An ability to communicate effectively in English	✓	